

Hawaii MARINE LIFESTYLES

HAWAII MARINE B SECTION

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APRIL 4, 2008



Visitors wait to board the Pineapple Express, a 20-minute audio-guided train ride that visitors can ride to learn about the history of pineapples, their cultivation process and Hawaii's agriculture.



Visitors can get an up-close view of Hibiscus, Lei, Ti leaf, Bromeliads, as well as a variety of other native trees and vegetation while walking through the Plantation Garden tour.



A family cools off outside the plantation's country store with some of the famous Dole Whip, a pineapple flavored icecream.

Experience a taste of Oahu

Lance Cpl. Alesha R. Guard
Combat Correspondent



Only a short trip away from Marine Corps Base Hawaii is one of Hawaii's famous attractions: Dole Plantation's "pineapple experience."

A fun, interactive and informational attraction on the island of Oahu, the plantation provides a day full of activities for visitors of all ages to enjoy.

"My boys and I had a great time at the plantation today," said Suzzanne Lutkahus, visiting on vacation from Illinois. "Its an experience you can't get anywhere else."

The Dole Plantation entertains over a million visitors a year and sells over 3,500 pineapples each week.

A military discount is offered for the main attractions including the Plantation Garden, the Pineapple Express Train Tour

and the World's Largest Maze.

"It was really cool getting a close look at the native fruits and flowers," said Troy Lutkahus. "I learned a lot by just walking through the gardens."

The self-guided Plantation Garden tour includes Hibiscus, Lei, Ti leaf, Bromeliads, as well as a variety of other native trees and vegetation. Visitors can also learn about irrigation and early plantation workers.

"After walking through the garden, we rode the train and learned how James Dole began the Dole fruit company," said Suzzanne Lutkahus.

"He created the first pineapple plantation and his company was named after him when he passed away," she added.

The Pineapple Express is a 20-minute audio-guided train ride that takes visitors through two miles of beautiful North Shore.

While enjoying the ride you can learn about the history of pineapples, their cultivation process and Hawaii's agriculture.

The Lutkahus' s stopped by the Country Store next to cool off before trying out the maze.

"The pineapple icecream was delicious and actually tasted like real pineapple," said Adam Lutkahus. "It definitely hit the spot."

After trying the world famous Dole-Whip, the boys found their way through the Pineapple Maze, claimed world's largest maze in the 2001 Guinness Book of World Records.

"The maze was huge!" said Adam

Lutkahus, with a laugh. "I wondered if it ever ended!"

The Pineapple Garden Maze covers three acres of land making over three miles of paths made out of more than 11,000 kinds of Hawaiian plants.

"I'm glad we got to spend the day here," Troy Lutkahus said. "It was well-worth the trip to see everything the plantation had."

The Dole plantation is near Wahiawa in Central Oahu, about a 45-minute drive from MCB Hawaii. Tours are relatively inexpensive with a military discount for families and group packages are available.

For your next family outing, get "Hawaii's complete pineapple experience" and visit Oahu's Dole Plantation.

For more information on the Dole Plantation, contact (808) 621-8480 or visit <http://www.dole-plantation.com/>



Photos by Lance Cpl. Alesha R. Guard

Only a short trip away from Marine Corps Base Hawaii is one of Hawaii's famous attractions: Dole Plantation's "pineapple experience." A fun, interactive and informational attraction to the island of Oahu, the plantation provides a day full of activities for visitors of all ages to enjoy. The Dole Plantation entertains more than a million visitors a year and sells over 3,500 pineapples each week.

Directions to Dole Plantation

Approximately 31.7 miles, about 42 minutes to drive

Head out the main gate and continue on the H3 West.	16 miles
Take the exit onto the H1 West toward Pearl City.	5 miles
Take exit 8A to merge onto H2 North toward Wahiawa.	8 miles
Take exit 8 toward Wahiawa	.3 miles
Merge onto S Kamehameha Hwy.	2.7 miles
Turn right at Kamehameha Hwy.	108 feet
The Dole Plantation will be on your right.	Enjoy

PASS IN REVIEW



FAILED EPIC

Mammoth expectations forced into extinction

Lance Cpl. Brian A. Marion
Combat Correspondent

I guess the first clue I should’ve received about the movie “10,000 BC” was when I walked into the theater five minutes before it was scheduled to play, and found myself staring into an empty room.

I should’ve turned around right then and there and asked to exchange my ticket for a different movie.

But instead, my stubborn self decided to give this movie a chance and sat through the entire spectacle.

I must say the part that excited me the most were the previews of movies coming in May.

The movie starts with the main character, D Leh (Steven Strait), as a child who sees his future love, Evolet (Camilla Belle), carried to the local medicine woman after “four-legged demons” destroy her village.

The movie then skips a few years and now the children are grown men and women competing for the white spear (whoever is in possession leads the tribe) and the hand of Evolet.

The only positive aspect “10,000 BC” had going for it was the computer-generated images, which were very lifelike and among the top out there. All of the animated creatures, from the saber-tooth tiger to the mammoths and giant, meat-eating ostrich monsters actually seemed to be alive.

The storyline was the typical unlikely hero meets woman; woman gets captured, unlikely hero finds his strength and saves the day and everyone lives happily ever after. One area I wish Roland Emmerich, director of “10,000 BC,” expanded on was

the saber-tooth tiger in the movie.

The only part the huge cat played was drowning under some debris and saving the hero’s life from some natives. The poor cat didn’t even get to use the fangs they’re renowned for. He could’ve at least fed the poor thing.

The movie did have a pretty good fight scene near the end where a herd of mammoths stampedes through hundreds of slave handlers, but the movie lacked a solid storyline and had several inconsistencies through its entirety.

Emerich also tries to mystify the movie a bit by adding prophecies and a priest sect, turning the end into some weird ritual where the leader calls himself a god and forces slaves to build him a pyramid.

Overall, I would recommend this movie to anyone who wants to see a movie just for the computer generated animation, but if you want to see something with a storyline mixed in, go see something else.

If you still want to see this movie, wait until it comes to the base theater or the dollar bin at your local video retailer. The movie is just about the only movie I saw in theaters where I caught myself falling asleep.

It wasn’t worth the ticket price, and I think I’d rather see “Alien vs. Predator: Requiem” again, rather than this horrible film.

Your weekly guide to all aspects of entertainment

Welcome to the Pass In Review, your number one source for cinema, music, videogame and book reviews. The Pass In Review crew consists of more than 10 critics, each with their own idea of what makes a movie, album, game or book great. So be sure to take advantage of the Better Know A Critic section, which spotlights this week’s critics to better help you choose the critic with opinions most like your own. Using our breakthrough four point scale system you can quickly decipher what is worth your time and what isn’t, or read the full review for an in-depth analysis and explanation of the rating. The rating system uses ammunition and range terminology, so if you’re not familiar, here’s a quick breakdown of the ratings ...

1/4 — No Impact, No Idea

Horrendous. Among the worst of the worst in its genre. Dedication time to this is not only wasteful, but unforgivable. Avoid at all costs.

2/4 — High And To The Right

Mediocrity at its best. Lacks a few things that might have made it really good. A decent time waster, partake only if you have nothing better to do.

3/4 — On Target

Praiseworthy. A great endeavor, not quite an instant classic but still very entertaining. This is a sound investment of your time.

4/4 — Confirmed Kill

Genius. In the top 10 percent of its genre. This is the stuff legends are made of. Missing out on it would be a disservice to yourself.



So, there you have it and we hope you enjoy our weekly reviews. Don’t forget, The Hawaii Marine accepts submissions from its readers so if you consider yourself a film buff, music aficionado, gaming geek or bookworm feel free to submit your own reviews. Or, if you disagree with a review published and want fellow readers to know the real scoop, send in a condensed review and we’ll run it as a second opinion.

Better Know A Critic

The first movie Lance Cpl. Brian A. Marion can remember seeing was “Teenage Mutant Ninja Turtles.” “Back then, they faced the Shredder, and he was just awesome.” Since then, he’s grown fondest of the Science Fiction genre because, “It allows my imagination to run rampant.” For him, “A storyline that can capture your attention and hold it along with stunning visual effects is what makes a movie great.”

Ray Rippel first fell in love with books when his stepmother started reading to him as a young child. For him, “Books are amazing things, really. They require no batteries, are completely portable, and, if you let them, can improve your life immeasurably.” As a recently retired colonel from the Army Reserve, he enjoys reading everything, but military history, science, travel and horror are his favorites.

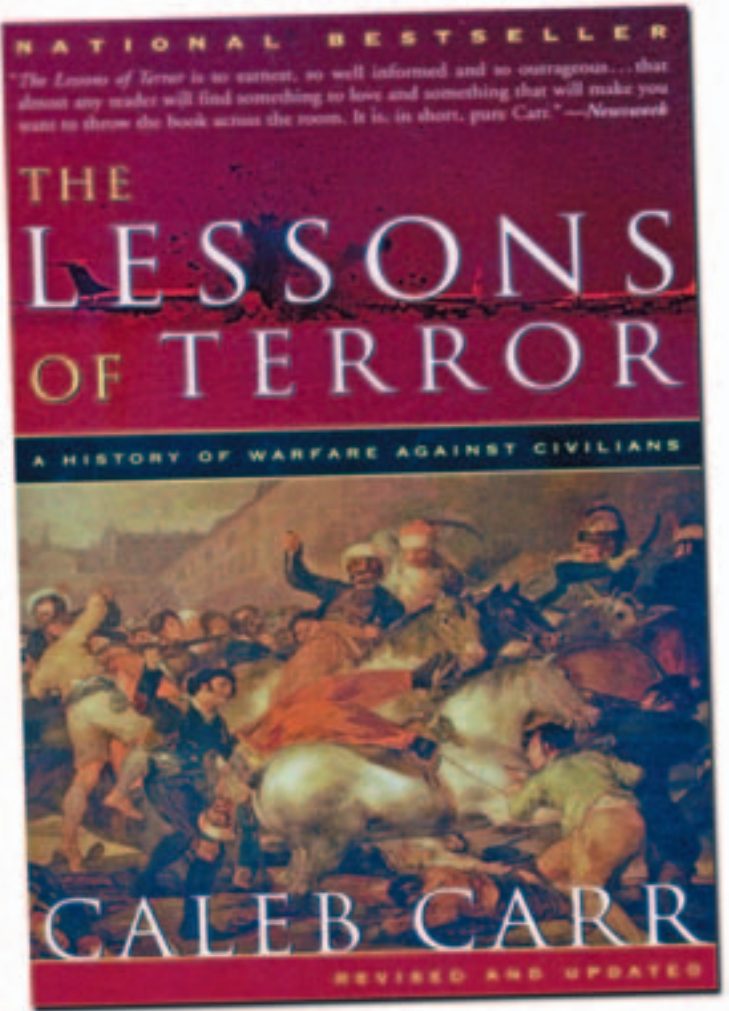
Second Opinion

“10,000 BC”

1 out of 4 (No Impact, No Idea)

Gigantic woolly mammoths and ferocious saber-tooth tigers do not make a good movie. “10,000 B.C.” doesn’t have a meaty plotline or memorable performances that could make up for its abuse of Mesolithic history. D Leh (Steven Strait) and Evolet (Camilla Belle) aren’t convincing enough for audiences to be interested in how far D Leh will go to rescue her. Without the connection, audiences are left with a primitive atmosphere that’s as dull as a rock. The final giant crowd scene with live actors and good special effects is the only glimmer in an otherwise lackluster flick. This movie fails to find the balance between a stylish setting and good storytelling like “Planet of the Apes” or “Mad Max.” Archaic special effects and stony acting make “10,000 B.C.” a truly feral effort.

— Christine Cabalo



Winning the ‘Long War’

Ray Rippel
Special to the Hawaii Marine

Pick up your daily newspaper and you will find no term used more extensively — and more poorly defined — than *terrorism*.

One can generally organize the competing definitions into two schools of thought, divided by the notion of legitimacy. One side’s argument is pretty much summed up by the aphorism “one man’s terrorist is another man’s freedom fighter.” The other side denies terrorism is ever a legitimate tactic — that terrorism crosses some line of barbarity that should never be crossed. Governments of sovereign states

But here’s the rub: governments that define terrorism as wholly illegitimate are faced with a predicament: if terrorism is something morally reprehensible (and since no government wants to self-indict) the boundary between it and legitimate wartime conduct must carefully gerrymander in such a way to exclude any act of war perpetrated by that particular country. In other words, the most important part of any country’s definition of terrorism is that it absolves the historical record of that same country.

In his book “The Lessons of Terror: A History of Warfare Against Civilians,” author and military historian Caleb Carr provides a simple, provocative definition and then lets the chips fall where they may. Carr defines terrorism as “warfare

deliberately waged against civilians with the purpose of destroying their will to support either leaders or policies that the agents of such violence find objectionable.” That’s a definition that hits a little too close to home for many, so Carr often uses a different, less inflammatory term — *unlimited war*.

His thesis is that unlimited war ought to be repudiated as a legitimate strategy in the twenty-first century, just as piracy, slavery and genocide were repudiated in the nineteenth and twentieth centuries. I found his arguments convincing.

Carr turns the Machiavellian assertion that the “ends justify the means” on its head and argues the means *validate* the ends. He examines a wide variety of conflicts, large and small, starting as far back as the Roman Empire and culminating with the current conflict in Afghanistan. In each he illustrates how waging war against a civilian population ultimately backfired on the offending country.

If terrorism had a birthplace, Carr would suggest it was in the ancient capital city of Carthage. It was there the Romans defeated the Carthaginians completely, during the Third Punic War, and learned precisely the wrong lesson — that humiliating and brutalizing an enemy is a productive tactic.

“The razing of Carthage had been that rarest of things in a nation’s experience: the utter eradication not only of the enemy’s home but of many if not most of his people as well: men, women, children, even the elderly. It was the epitome of destructive war, and the Romans not only revered the memory of it but attempted at various times to repeat it. In so

See WAR, B-3

*TALK STORY

*The Academy of American Poets
For those of you who didn't know it
Thought April was not at all cruelest
And a poetry month would be the coolest
So National Poetry Month it is
And with this quandary, we quizzed ...*

What's your favorite poem?

*[tōk stōrēi] Hawaiian slang for an informal, lengthy conversation. Often used as a method to bond, or a good way to kill time.



Definitely, 'All Along the Watchtower' by Bob Dylan. Bob is an awesome modern-day poet, songwriter and musician.

— Cpl. John Horky



"'Winkin', Blinkin' and Nod'" is my favorite. I've liked it ever since I was small, and now I read it to my 10-month-old.

— Sgt. Jessica Roeder

"I like the rhymes from 'Green Eggs and Ham.' It's fun to read out loud to children."

— Navy Lt. Johnathan Rockwood



COMPOSED

Marines conduct band workshop with mainland high schoolers

Lance Cpl. Regina A. Ruisi
Combat Correspondent

The recognizable melody of “Stars and Stripes Forever” resounded in the practice booths, recording rooms and parking lot of the U.S. Marine Corps Forces, Pacific band hall here March 27, when more than 150 students from an Illinois high school band came to learn from the Marines.

Glenbrook South High School’s band members, instruments in hand, arrived at the band hall, ready and eager to learn from the professional musicians. The day began with the students attending a retirement ceremony at Dewey Square to see the Marines perform.

“It was surprising,” said Angelica Stachura, flute player and high school junior. “The Marines are amazing. Their marching was perfect. I wish we could march like that.”

When the ceremony finished, the young musicians went to Anderson Hall for lunch, and then began their anticipated workshop with the Marines.

“I saw military bands performing at my high school, so coming here to work with them is pretty cool,” said Jonathan Choi, alto saxophone player and high school freshman. “I work with a sax teacher at home, but it’s cool to work with a Marine.”

The students broke into sections to work in groups or one-on-one with the Marines. Practice booths were filled with soloists and their Marine counterparts, who helped them perfect their performances. The high school’s drum line filled a recording room to show off their skills, anxious to impress the Marines.

The Marines focused on teaching the varying levels of talented children about articulation, diction and even trying to “teach the trombone players to play in tune,” said Greg Wojcik, band director.

The Marines were happy to host the high school and proud to share their musical talents with young musicians. They host local and mainland high schools frequently.

“Most of the high school students won’t become professional musicians,” said Warrant Officer Bryan Sherlock, officer-in-charge, MarForPac band.

“The message I want them to hear is to do whatever they do to the best of their ability,” Sherlock said. “Teach them to be the best they can be at whatever they want to do is what I try to stress to school-age children.”

The band, which was established to help with the Marine Corps recruiting effort, conducts workshops for high school students to show them the Marines aren’t any different, and were once in their shoes, playing in high



Lance Cpl. Regina A. Ruisi

Glenbrook South High School’s tuba section practices “Stars and Stripes Forever” behind the U.S. Marine Forces, Pacific band hall here March 27 when the Illinois high school’s band visited the base. A workshop with the MarForPac Band gave the students a chance to work with the band’s professional musicians and see how Marines live on the base.

school bands, Sherlock said.

“We welcome the young people onto base to see how Marines live and work,” he said. “The best way to do that is through our music programs.”

“Working with the Marines humanizes the Marine Corps to those who

may have only seen pictures of war fighters,” he added.

The Marines and students closed out the program by performing John Philip Sousa’s march “Stars and Stripes Forever,” together under Sherlock’s direction.

“The Marines around you are fabulous players,” Wojcik said, after the group performance. “To get to sit here and play with them is amazing. These Marines are training for war, and they’re about your age. It’s an honor to be here today.”



Lance Cpl. Achille Tsantarliotis

Lance Cpl. Francisco Estrada, postal clerk, Headquarters Battalion, joined with a faint idea of what “legal admin” could possibly entail. He soon learned his designated duty in supporting the Marine Corps’ mission accomplishment, and appreciates the experience the Corps offers.

A Day in the Life

Lance Cpl. Achilles Tsantarliotis
Combat Correspondent

Editor’s note: A Day in the Life highlights military occupational specialties and Department of Defense jobs throughout the Marine Corps. This series gives appreciation to the thousands of service members, DoD employees and civilians who make Marine Corps Base Hawaii and installation of excellence.

Eager poolee’s are sometimes too caught up with the idea of earning the title Marine, that shortly after the inaugurating ceremony and combat training, they begin understanding the title “Marine” refers to a spectrum of occupations, some not so glamorous.

Despite bragging factors, they all contribute to the cohesive success of the Marine Corps, and fortunately, most of those in the shadows Marines, value their experience and look forward to applying it later in life.

That’s exactly how Lance Cpl. Francisco Estrada, postal clerk, Headquarters Battalion, views his occupation. With lit-

tle acknowledgement when the post office is properly operated, it’s a service that easily attracts attention when your expected mail is unexpectedly missing in action, from deployed Marines, to loan pirates’ endless harassment.

“I enlisted as a legal administrator,” said Estrada, a Portland, Oregon native. “And as [Marine Combat Training] began to end, I was told my job would be a postal clerk. I wasn’t very excited.”

After the month long military occupational specialty training school, he received orders to Marine Corps Base Hawaii, slowly applying his postal training, as well as his own thoughts on future employment because of his occupation.

“Once I got here it wasn’t bad,” he said. “I knew it was important, and I’m getting a lot of experience that will be good when I get out in the civilian side. It gives me opportunities – especially out here because there are not many of us to run the shop. In [Marine Corps Base Camp Pendleton] they have different sections you work [exclusively] in. Here, we do everything.”

The Marine Corps Base tries to make as

much a difference as possible, said Lance Cpl. Scott Lemcke, postal clerk, HQBN, especially with assisting deployed, or soon to deploy, Marines.

“If Marines about to deploy are running on a tight schedule and need something as soon as possible,” Estrada explained, “we’ll usually do everything we can for them. They’re very appreciative, and we’re constantly thanked because it means something to them. I’m sure when they’re in Iraq, it’s not much different. They look forward to that, it makes them happier, not so lonely.”

Estrada said postal clerks deploy with units, and spend their time sorting and delivering mail, unless there is a problem somewhere along the transit line, and there usually is, he said.

When it comes to delivering mail to the deployed units, making sure it gets to them is a very big deal, said Lance Cpl. Jermain Villa, postal clerk, HQBN.

“We’re very busy,” Estrada said. “We try to make everything as smooth as we can, but it’s not easy and there’s always a lot of work to do. But, we know it’s very important, and we do whatever we can.”

WAR, from B-2

doing, they planted at least a few of the seeds of their own eventual downfall.”

Carr examines more than a dozen other conflicts, over the next 2,200 years, with varying degrees of depth. He finds much to admire in Frederick the Great, Oliver Cromwell, Helmuth von Moltke and Sun-Tzu (who wrote: “the expert in using the military subdues the enemy’s forces without going into battle ...”). He has far less admiration for Clausewitz, Napoleon, and William Tecumseh Sherman (“I would make this war as severe as possible, and show no symptoms of tiring till the South begs for mercy.”). His critiques are pragmatic, not ethical. He’s interested in what works — in what produces a lasting and resilient peace.

Gratuitous cruelty, to Carr’s way of thinking, might be a temporary expedient that produces the desired effects, but it has two insidious and catastrophic unintended consequences. First, it engenders a profound hatred in the populations on which it’s inflicted. In this way it makes the enemy stronger – more united and more committed.

On the friendly side, it undermines the character and professionalism of the force that metes out the brutality. Taken combined, these two phenomena have the effect of stiffening the resolve of the enemy while simultaneously attenuating the strength of one’s own force.

Carr’s work is not just military history; in the final chapters he recommends a doctrine that incorporates what he’s advocated earlier in the book. He’s a passionate proponent of special operations forces, as long as they operate within appropriate constraints and oversight.

He is nothing less than rabid in his distaste for the Central Intelligence Agency, particularly when they venture into direct action (mostly because of a lack of constraints and oversight). He clearly understands the complications associated with operating in a world full of video cameras and a 24-hour news cycle.

It’s also interesting to note that Carr has written a book aimed directly at the practitioner of the operational art (perhaps inadvertently, since he never uses the term). There’s a dearth of professional reading dedicated to this level of war. While his conclusions have some strategic relevance, they would best be incorporated at the operational level, where strategic goals are translated into tactical objectives.

Carr would demand a rigorously professional armed force that destroys the enemy’s warfighting capability, but scrupulously avoids noncombatant death and damage achieve those objectives. To put yet another twist on an old bromide, he doesn’t see war as the culmination of “politics by another means,” but instead as the first phase of winning the post-war battle for the hearts and minds of the populous.

If you are a commander or staff officer at the theater level, or if you hope to be, “The Lessons of Terror” should be mandatory reading.

MOVIE TIME

Prices: Friday and Saturday 7:15 p.m., shows are \$3 for adults and \$1.50 for children. Sunday matinee is shown at 2 p.m. Shows are \$2 for adults and \$1 for children. Evening showings on Sunday and Wednesday are at 6:30 p.m. and late shows are shown Friday and Saturday at 9:45 p.m. Cost is \$2 for adults and \$1.50 for children.

For ticket pricing, the Base Theater Box Office defines an adult as a patron 12 and older and defines a child as a patron from 6 to 11. Children 5 and younger are admitted free of charge. Parents must purchase tickets for R-rated movies in person at the box office for children 16 and younger. Patrons must present their military identification card when purchasing tickets. Call 254-7642 for recorded information.

Sneak Preview Policy: One hour and 45 minutes prior to the movie, tickets will be issued to first priority patrons waiting in line, then second and third priority patrons.

In an effort to prevent piracy, the following security measures will be enforced on base for sneak preview screenings: bag checks, confiscation of cameras or cell phones with picture taking capability (items will be returned after screening), magnetometer wand, audience scanning with night vision goggles during screening.

The Base Theater and film companies thank you in advance for your cooperation and hope you will enjoy the show. For recorded information, call the Base Theater at 254-7642.

The Eye (PG13)	Today at 7:15 p.m.
Untraceable (R)	Today at 9:45 p.m.
Welcome Home Roscoe Jenkins (PG13)	Saturday at 7:15 p.m.
Over Her Dead Body (PG13)	Saturday at 9:45 p.m.
Step Up 2: The Streets (PG13)	Sunday at 2 p.m.
The Eye (PG13)	Sunday at 7:30 p.m.
Welcome Home Roscoe Jenkins (PG13)	Wednesday at 6:30 p.m.
Spiderwick Chronicles (PG)	Friday at 7:15 p.m.
Jumper (PG13)	Friday at 9:45 p.m.

SPOTLIGHT ON BASE

Word to Pass

Cabaret

The Castle Performing Arts Center is pleased to announce its production of the Kander and Ebb musical "Cabaret" opening April 4 at Bright Theatre in Kaneohe. Discounted tickets are available to service members. All seats are reserved and tickets are on sale at the CPAC Box Office at 233-5626 or online at <http://www.showTix4U.com>.

Baby Boot Camp

The Base Chapel will host Baby Boot Camp April 8 and 9 from 9 a.m. to 3 p.m. The class educates parents and expecting parents on childbirth and infant care. The class is open to all active duty and their spouses. Reservations are required. For more information, contact the New Parent Support Program at 257-8803.

Operation Homefront

Operation Homefront will host a “fun day” at Tiki Island April 12 from 12 to 3 p.m. Families can enjoy a day of miniature golf, bumper boats, bouncy house and snacks. Information and tickets distributed by unit Family Readiness Officers. For more information, call Louise Yeager at 257-2410.

Island Tour

A tour of Oahu will be held April 11 from 7:30 a.m. to 4:30 p.m. The tour will visit the North Shore, Downtown Honolulu and other places of interest. The event is open to all active duty and their families. Children must be at least 5 years old. A reservation is required and there are no fees. For more information, contact Marine & Family Services at 257-7790.

Marriage Skills

A Marriage Skills workshop will be held in the Joint Education Center April 16 from 8 a.m. to 4 p.m. The workshop is open to active duty personnel planning to get married or recently married. Spouses and fiancées are also encouraged to come. The workshop provides information on becoming a successful military family. Topics include couples communication, budgeting and finances, resources for couples and fam-

ilies and a personality type inventory. For more information, contact Marine and Family Services at 257-7790.

Sea Life Park Military Promotions

April is military child month for Sea Life Park. Children 12 and under will be admitted free with paid adult admission. Also, if you buy any dolphin interactive program you can choose from a free Hawaiian Ray Encounter (\$15 Value) or a free sea lion feeding (\$15 Value). May is military appreciation month at Sea Life Park. The park is offering a free Hawaiian Ray Encounter (\$15 value) or a free sea lion feeding (\$15 value) with the purchase of any dolphin interactive program. For more information, call John Hobus at 259-2503.

Deep Sea Fishing Trip

The Single Marine and Sailor Program is hosting a deep sea fishing trip at the Rainbow Bay Marina April 5 from 5 a.m. to 12 p.m. The trip is open to all single Marines and Sailors E-5 and below. The five-hour trip will cost \$70 per person. For more information, call Marcella T. Cisneros at 254-7593.

Art in the Park

Children, Youth & Teen Program will host an Art in the Park event April 12 from 9 a.m. to 12 p.m. The event is open to all families here. Arts, crafts and games are specifically appropriate for children 1 through 11. For more information, call Tebra Minor at 257-1388.

Crafters Wanted for Annual Puohala Elementary School Craft Fair

The 15th annual 'Imi Pono Craft Fair and Concert will be held on May 3, 2008 from 9am-4pm at Pu'ohala Elementary School. We are looking for crafters for our event. Crafter fees include a \$10 deposit fee and a booth fee ranging from: \$30 for a lawn area, \$40 for a covered walkway and \$50 for the cafe. Please contact Nita at jwolfgramm@gmail.com for an application or more information.

Marine Makepono

HAWAIIAN FOR “MARINE BARGAINS”

AUTOS

1999 Dodge Avenger ES, new tires and registration, fully loaded, \$3,000 or best offer. Call 428-9526.

MISCELLANEOUS

Twin bed, with mattress and box spring, canopy, frame, headboard and chest of drawers, \$50. Call 482-9526.

Large chair/pull-out bed, denim blue color, \$40 or best offer, steel tubular bunkbeds, twin top, full bottom, multi-colored with matching desk and tall book shelves, \$100 for three pieces, OBO. Call 254-2792.

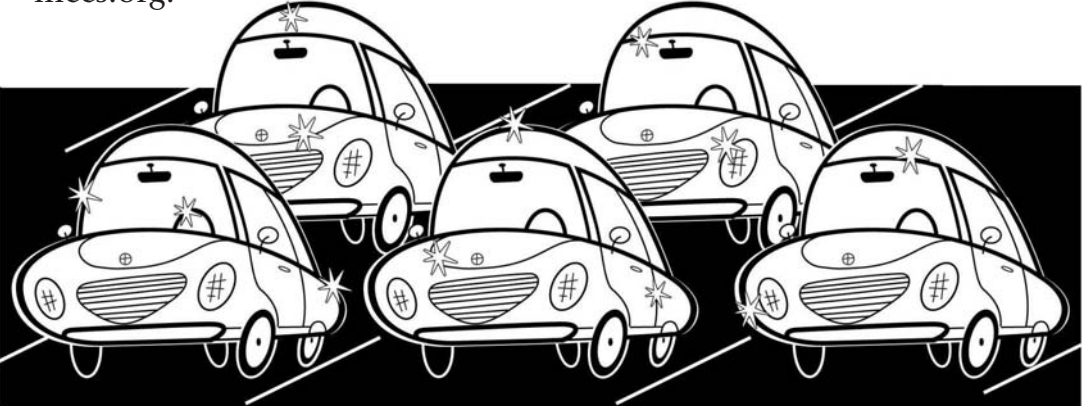
Ads are accepted from active duty and retired military personnel, their family members and MCB Hawaii civil service employees. Ads are free and will appear in two issues of Hawaii Marine, on a space-available basis.

Those interested in advertising must bring a valid DoD-issued ID to the Hawaii Marine Office. Makepono may be used only for noncommercial classified ads containing items of personal property.

Forms may be filled out Monday through Friday between 7:30 a.m. and 4:30 p.m. at the MCB Hawaii Public Affairs Office located in Building 216, room 19, aboard Marine Corps Base, Kaneohe Bay.

Silent Auto Auction

A silent auction is underway at the Auto Skills Center, Building 3097, Marine Corps Base Hawaii, Kaneohe Bay, for bids on the vehicles. Bids will be taken by placing a sealed ballot in a box provided at the Auto Skills Center. Bidding will close at the close of business April 13. The boxes will be opened the day after closing, and those with the highest bids will be notified. For more information, call 254-7674 or e-mail carl.cabrera@usmcmccs.org.



On the Menu

AT ANDERSON HALL

Friday

Lunch
Oven roast beef
Baked tuna & noodles
Steamed rice
French fried cauliflower
Vegetable combo
Brown gravy
Chilled horseradish
Banana coconut cream pie
Chocolate chip cookies
Carrot cake
Cream cheese frosting
Vanilla/chocolate cream pudding
Lime/strawberry gelatin

Dinner

Sauerbraten
Baked knockwurst with sauerkraut
Scalloped potatoes
Noodles Jefferson
Green beans with mushrooms
Creole summer squash
Brown gravy
Desserts: Same as lunch

Saturday

Dinner
Swiss steak w/mushroom gravy
Pork chops Mexicana
Mashed potatoes
Spanish rice
Mexican corn
Peas & mushrooms
Brown gravy
Cheesecake with cherry topping
Fruit nut bars
Chocolate/vanilla cream pudding
Lemon/lemon gelatin
Yellow cake

Sunday

Dinner
Beef pot pie
Baked ham
Boiled egg noodles
Baked macaroni & cheese
Club spinach
Cauliflower au gratin
Cream gravy
Bread pudding with lemon sauce
Vanilla cream pie
Vanilla cookies
Pineapple upside-down cake
Vanilla/chocolate cream pudding
Strawberry/orange gelatin

Monday

Lunch
Teriyaki chicken
Salisbury steak
Mashed potatoes
Steamed rice
Simmered carrots



Simmered lima beans
Brown gravy
Chicken gravy
Pumpkin pie
Chocolate cookies
Easy choc. cake with chocolate butter cream frosting
Vanilla/chocolate cream pudding
Strawberry/raspberry gelatin

Dinner

Roast turkey
Hungarian goulash
Wild rice
Parsley buttered potatoes
Green beans with mushrooms
Simmered corn
Brown gravy
Chicken gravy
Desserts: Same as lunch

Tuesday

Lunch
Chicken adobo
Pepper steak
Buttered egg noodles
Potatoes au gratin
Glazed carrots
Black eyed peas
Cream gravy
Strawberry glazed cream pie
Brownies
Devils food cake with mocha butter cream frosting
Vanilla/chocolate cream pudding
Cherry/lime gelatin

Dinner

Swiss steak with tomato sauce
Lemon baked fish
Lyonnais potatoes
Steamed rice
Southern style green beans
Vegetable combo
Brown gravy
Desserts: Same as lunch

Wednesday

Lunch
Baked ham
Chili macaroni
Candied sweet potatoes
Grilled cheese sandwich
French fried okra
Cauliflower au gratin
Pineapple sauce
Bread pudding with lemon sauce
Peanut butter brownie
Banana cake with butter cream frosting
Vanilla/chocolate cream pudding
Orange/raspberry gelatin

Dinner

Baked stuffed pork chops
Turkey pot pie
Calico corn
Simmered peas and carrots
Boiled Egg Noodles
Mashed potatoes
Brown gravy

Thursday

Lunch
Sweet and sour pork
Baked tuna and noodles
Shrimp fried rice
Corn on the cob
Club spinach
Corn bread dressing
Peach pie
Snicker doodle cookies
German chocolate cake
Vanilla/chocolate cream pudding
Lime/strawberry gelatin

Dinner

Swedish meatballs
Caribbean chicken breast
Steamed rice
Paprika buttered potatoes
Simmered Brussels sprouts
Simmered summer squash
Chicken gravy
Desserts: same as lunch

Marine Corps Base Hawaii Command Religious Program

Weekly Services

Roman Catholic

Tuesday – Friday - 11:45 a.m. - Daily Mass
1st Friday of Every Month - 12:15 a.m. - Eucharistic Adoration
Sunday - 9:30 a.m. - Sunday Mass
Sunday - 5 p.m. - Sailor – Marine Mass

Protestant

Sunday - 8 a.m. - Liturgical Service
Sunday - 11 a.m. - Contemporary Service

Jewish

Aloha Jewish Chapel Pearl Harbor (Bldg 708) across from Makalapa Medical Clinic
POC Mr. Daniel Bender, 523-4814
Monday - 6 p.m. - Jewish Bible Study
Friday - 7:30 p.m. - Kabbalat Shabbat
Saturday - 8:15 a.m. - Shabbat Morning Services

Community Outreach

“Feeding the Homeless”

Our next scheduled “Feeding the Homeless” at the Institute of Human Services in downtown Honolulu will be Feb. 16. For more information, call Jessica Broda 351-6531.

CREDO Hawaii Spiritual Fitness Center

Located at the MCBH Theater’s Courtyard, 257-1919.
Personal Growth Training - Feb 20-21 amd Mar 8-9.

Contact Numbers

Recorded message:	257-3552	RPC(SW/AW/FMF) Nicholas:	257-8319
Chaplain Linehan:	257-5138	RP3 Chambers:	257-4463
Chaplain Stroud:	257-1501	Marlene Miller (Rel. Education):	257-1499
Chaplain Cates:	257-8318	Nadine Kurtz (Secretary):	257-3552
Chaplain Hill:	257-2734		

FAX#: 257-5995

MCBH Duty Chaplain: 257-7700

*The Base Chapel maintains a list of local religious churches and congregations. For information on holiday services, call 257-5138.

Young, old find their inner artist on K-Bay

Lance Cpl. Alesha R. Guard
Combat Correspondent

Throughout the busy workweek, it may seem impossible to find time to unwind and have a few hours to yourself. Whether you’re seeking a creative outlet for yourself or your children, look no further.

Marine Corps Community Services recently added a creativity center, Read Art Academy, to the Boys and Girls Club/Teen Center on base.

“With the popularity of creative spotlight shows such as Project Runway, Trading Spacing, Martha Stewart and other design shows, many people are asking, ‘Where can I learn to sew and paint?’” said Linda Read, instructor of Read Art Academy. “The answer has come to [Marine Corps Base Hawaii] Kaneohe.”

Read Art Academy began as a program at a local private school, but Read wanted to do something for her military community and provide them somewhere to nourish their inner artist.

“I grew up encouraged to try all kinds of creative outlets, finding it a great stress reliever,” Read said. “You are never too old or too young to become an artist.” With families’ busy schedules in mind, Read makes her classes as user friendly as possible. By providing all the necessary materials for each class at the art center, parents and students don’t have to worry about remembering to bring anything except their desire and interest.

“It’s really handy that the center is on base, and we don’t have to bring anything,” said Lynda Hagan, who’s children attend the painting class. “My children say they love the painting class, and they seem very



Linda Read, instructor of Read Art Center, teaches her students about brushes during a painting class. Marine Corps Community Services recently added a creativity center, Read Art Academy, to the Boys and Girls Club/Teen Center on base.

comfortable with her.”

Read said she loves teaching and seeing students learn new skills.

“One of my favorite quotes is, ‘Art is not so much about how it looks but how it makes us feel,’” Read said.

Read offers painting and drawing classes to all ages, and sewing classes to teens and adults.

In the drawing and painting classes, students learn basic techniques and the seven key elements of art, including line, color, shape, value, texture, space and form.

“I can see they are learning to follow direction and practicing discipline,” said Lt. Col. Nathan Nastase, battalion commander, 3rd battalion, 3rd Marine Regiment, of his six-

year-old twins who attend the painting class. “They told me that they’ve learned about three dimensions and shades of color.”

At the center’s sewing class, students can learn the basic skills to be able to create anything using a sewing machine.

“Before my husband retired in the Marine Corps, we moved every

three years,” Read said. “It’s been nice to know how to make my own window treatments and decorations. With just basic sewing skills, you can make almost anything.”

At the end of each class, Read holds an art show to showcase her students projects.

“Its something that makes them feel extra special,” Hagan said.

Fatigued driving creates nightmare for officials

Christine Cabalo
Photojournalist

Highway safety officials are tired of drivers closing their eyes to the danger of fatigued driving.

A total of 100,000 police-reported crashes are the direct result of driver fatigue each year, according to a 2005 report on drowsy driving from the National Highway Traffic Safety Administration. It’s enough of a problem for the National Sleep Foundation to sponsor a “Drowsy Driving Prevention Week” last November with continued warnings throughout the year.

“We’re trying to make people more aware of it,” Mario Di Prete, traffic section safety specialist, Base Safety Center. “Like drinking and driving, your mind gets cloudy. It’s like being sick, and that can influence your reaction times.”

Currently, there are no license limits for Hawaii drivers with sleep disorders. Hawaii police officers may list inattention or fatigue for the cause of a car accident if a driver falls asleep at the wheel. Drowsy driving is difficult for law enforcement officials to track on and off base because other factors, such as alcohol abuse, are the listed primary cause. Unlike drunk driving, there are no nationwide standards to determine impairment. No sleepy drivers have caused any recent on base car



Christine cabalo

The Naval Safety Center reported nine percent of service members they surveyed said they habitually drove while feeling fatigued. No accidents due to drowsy driving occurred on base, according to the Military Police Department records. A total of 100,000 police-reported crashes are the direct result of fatigued driving yearly.

accidents, according to the Military Police Department.

“It’s not illegal to drive while feeling sleepy,” said Sgt. Joe Pedersen, acting investigating chief, MPD. “We don’t have forms for it, but it’s still a danger because people could crash their cars if they fall asleep.”

Hawaii has no specific regulations for fatigued drivers, however New Jersey law prosecutes drivers awake for more than 24 hours who cause car accidents. Those drivers are charged with vehicular homicide and face extensive jail time. Di Prete said drowsy driving accidents generally occur during long stretches of driving, especially during extended holidays when some try to push themselves.

“It’s not so much when people leave installations for a holiday it’s when they come back,” Di Prete said. “Fatigue for some people sets in because they’re burning the candle at both ends to get back.”

The Naval Safety Center reported nine percent of service members surveyed said they habitually drove while feeling fatigued. A total of 31 percent of service members surveyed also said they felt tired or fatigued as they drove because of long working hours. Di Prete said service members working at their full-time jobs and earning a degree run a risk for fatigued driving.

“It’s also something supervisors need to be aware about,” Di Prete said. “If

Wake up call for every sleepy driver on road

A total of 32 percent of drivers felt fatigue once or twice a month according to a 2008 report by the National Sleep Foundation. The poll also showed those who did have driving fatigue felt it in the following situations:

- 26 percent:** Going to and from work during a workday
- 5 percent:** Going on business
- 3 percent:** With children in vehicle

Marines or Sailors are pulling 16- to 20-hour days, they need to do that operational risk management assessment. How far can anyone be pushed before they get hurt or cause injury to someone else?”

The Base Safety Center briefs personnel during its motorcycle and car safety

classes about the danger. The safety specialist said while fatigue may sneak up on drivers, it’s still ultimately their choice to drive while they could be impaired. Both Di Prete and Pedersen agreed drivers don’t lose out even if they take some time to rest and prepare themselves before they get behind the wheel.

“If you feel drowsy at all — pull over to the side of the road,” Pedersen said. “Take a break so you can be more alert. It could be someone else’s life your gambling with if you do nod off.”

For more information on the impact of driver’s fatigue, log on to <http://www.drowsydriving.org>.

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AROUND THE CORPS

Recruits give blood to future brothers-in-arms

**Lance Cpl.
Deanne Travis**

MCRD Parris Island

MCRD PARRIS ISLAND, S.C. — The ninth week of training marks the beginning of the third and final phase of recruit training. However, before recruits begin this last phase, they have the opportunity to save the life of a service-member before ever claiming the title Marine.

The Sunday before week nine of training, recruits are given the opportunity to donate blood to the Kendrick Memorial Blood Center at Fort Gordon, Ga.

The blood collected is then given to the Armed Services Blood Program, which provides service-members and their families with needed blood.

The ASBP organization began more than 50 years ago, and Kendrick Memorial Blood Center began collecting from Recruit Training Regiment five years ago.

"We started collecting regularly from RTR in 2003," said Erin Hawkins, an ASBP blood-donor recruiter at Fort Gordon. "Almost every Sunday, we are at Parris Island collecting blood. We get almost 100 pints each time we come to the Depot."

Collecting this much blood not only helps the ASBP, but excites the recruits about their choice to donate.

"It makes me feel helpful to know I am already contributing," said Rct. Carlos Cruz-Tejeda, Platoon 2020, Golf Company, 2nd Recruit Training Battalion.

The blood donated by recruits helps support the ASBP's primary mission to supply blood to injured service members in the Middle East.

"There is no way we could supply the amount of blood downrange without the support and willingness of RTR," said Hawkins, from Harlem, Ga. This knowledge leaves



Army Sgt. Sherri Cummings, a medical laboratory technician from Fort Gordon, Ga., puts iodine on Recruit Daniel Arnold's arm. Arnold, from Platoon 2021, Golf Company, 2nd Recruit Training Battalion, donated blood, March 16.

some recruits with the understanding of how their blood aids their future fellow service members.

"I like knowing I am helping my future brothers," said Cruz-Tejeda, an 18 year old from Millersburg, Ohio.

Thanks in part to the recruits aboard Parris Island, the Fort Gordon location is the second highest producing ASBP in the world, according to 31-year-old Hawkins.

"Last year we collected 4,482 pints of blood at the Depot," Hawkins said. "Every week, we send blood out of Fort Gordon, and the majority of it makes its way to Iraq or Afghanistan. So these recruits are saving lives."

Sgt. Shane Sink, a drill instructor for Platoon 2020, Golf Company, 2nd RTBn., agreed it is good for the recruits to donate blood, especially on a non-training day.

On Sunday, the recruits attend religious services and practice drill, but there is no other mandatory training taking place. This way donating does not affect the training schedule.

Sink said it is good for the recruits to donate because it gives them a chance to help a fellow service member.

It is also good that there is an in-house blood donation program set up for the military, added the 25-year-old Sink, from Tampa, Fla.



A pouch slowly fills with recruit's blood during a collection event at the All Weather Training Facility. Depot recruits are offered a chance to donate blood to fellow troops on their ninth Sunday of training.